

OTOLARYNGOLOGY ASSOCIATES, P.C.

ALLERGY DEPARTMENT
ALLERGY HISTORY

NAME AGE SEX PATIENT # DATE

PREVIOUS ALLERGY TESTING : Where : DATE

MEDICATIONS

List All Medications OTC/Rx Drug Allergies Medications taken daily or frequently Do you use medication regularly for nasal symptoms

MEDICAL CONDITIONS Check any of the following conditions you have or had

High blood pressure Heart disease Stomach or Intestinal disease Overactive thyroid Underactive thyroid Other conditions Any hormonal difficulties Migraine headaches Frequent headaches Asthma Emphysema Bronchitis Hay fever Hives Skin disease Food allergy Sinus disease Nasal polyps Broken nose Nasal septum Deviated septum

ALLERGIES

Do you have allergies? What are you allergic to? During what months do you usually have symptoms?

ALLERGY SYMPTOMS Check all symptoms that you usually have

Itching of nose Throat itch Nasal congestion Ear infection Nose running Dizziness Sneezing Popping Post-nasal drip Fullness/Pressure Loss of smell Itchy skin/rashes/hives Eyes itch Sore throat Eyes water Cough Wheezing

Are your symptoms worse: Morning Afternoon Evening Night At home Other location:

Are your symptoms: Constant Erratic Present most of the time Present part time Present rarely

Are your symptoms: Slight Moderate Severe Do your symptoms interfere with your life? Not at all A little Moderately Frequently

Some of the following may cause your symptoms or make them worse. Please check those that do.

In-doors Out-doors Weather change Dry weather Windy day Hot day Cold day Air conditioning Damp areas Mowing lawn Dusty environment High pollution Animals Cooking odors Smoke Soap powder Insecticides Paint fumes Perfumes Cosmetics Hair perm Newspapers Wool Road dust Milk or milk products Eggs Wheat products Nuts, beans or seeds Chocolate Fish Meat Fruit Vegetables Alcoholic beverages Beer Wine Cheese Mushrooms Aspirin Chemicals (list below)

ENVIRONMENT

Occupation: Prominent materials used: At work, are your symptoms: Smoking habits: Pets in the house currently: Pets in the house in the past:

Pillow Mattress Heating system Method of Heat Delivery Air conditioning Do you use a humidifier